



Hoërskool
STELLENBERG
High School

NUUSBRIEF



NEWSLETTER | TERM 2



CHEERLEADERS | RASIELEIERS

Stellenberg Cheer Squad Crowned Overall Champions at WPMCA Provincial Championships

The Stellenberg cheer squad delivered an outstanding performance on 30 May 2026, earning the prestigious title of Overall Champions at the WPMCA Provincial Cheerleading Championships. The team's hard work, discipline, and energy throughout the season paid off in a spectacular fashion, as they showcased routines that impressed both judges and spectators alike.

Representing Stellenberg High School, the squad competed across multiple divisions and demonstrated exceptional consistency and teamwork in a highly competitive field. Their success marks a significant milestone for the school's cheerleading programme and highlights the growing strength of cheer sport within the region.

The squad's provincial results were impressive across all categories:

- **Co-ed Level 4:** 2nd Place
- **All Girls Level 3:** 1st Place
- **All Girls Level 4:** 1st Place
- **Co-ed Level 3:** 1st Place

These results secured Stellenberg the title of Overall Champions, a testament to the athletes' dedication, countless hours of training, and strong team spirit throughout the season.

The achievement comes under the banner of the WPMCA, which hosts some of the most competitive school-level cheerleading events in the province. This year's championships were particularly intense, making Stellenberg's overall victory even more remarkable.

Looking ahead, the excitement continues as the team now prepares for the National Cheerleading Championships taking place during the upcoming school holidays in Johannesburg. With momentum on their side and high confidence, Stellenberg aims to carry their provincial success onto the national stage.

For the athletes and coaches, this season has already been one to remember, but with nationals still ahead, the story is far from over.



JUNIOR DANCE | 2026 | JUNIORDANS

PREPEL WWW.PROPEL.MEDIA



You had to be there to know what happened in Vegas – Junior Dance 2026

Two weeks prior to the Junior Dance, the SRC hosted a scavenger hunt to get the Grade 8 and 9 learners excited about the upcoming event. Learners flocked to the “geesgat” in search of the first clue that would lead them to Jade Café vouchers. Within 10 minutes, all the vouchers had been claimed. The juniors will remember this day for a long time as they ran in all directions, filled with excitement and laughter.

Die Juniordans wat op 29 April plaasgevind het, was 'n groot sukses. Die tema was “Las Vegas”, en die dekor het perfek daarby aangesluit met helder ligte, speelkaart-versierings en 'n luukse atmosfeer wat die gevoel van die beroemde stad vasgevang het. Die uitleg van die saal was goed beplan, met tafels wat aan weerskante van die saal geplaas is. In die middel was daar 'n groot oop dansvloer waar die leerders kon dans, kuier en die aand saam geniet. Die opgewonde atmosfeer en die pragtige dekor het bygedra tot 'n onvergeetlike aand vir almal wat dit bygewoon het.

This was a significant opportunity for the SRC to develop project management skills such as delegating roles among the SRC, liaising with photobooth and DJ companies and using resources effectively to stay within the budget.

The Grade 8 and 9 learners had the time of their lives. As SRC members, we were honoured and eager to serve the younger grades, as one of our main goals was to ensure that they thoroughly enjoyed the event.

PREPEL WWW.PROPEL.MEDIA



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Fabulous
JUNIOR DANCE
PARTY
29 April 2026

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29 April 2026

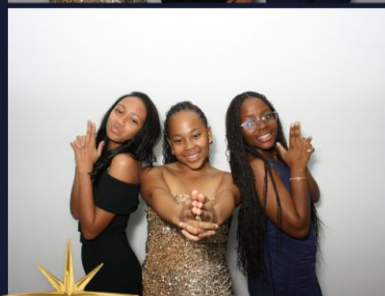
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CRICKET | KRIEKET

Seisoenoorsig 2025/2026

Die 2025/2026-krieketseisoen was 'n baie suksesvolle en betekenisvolle jaar vir Stellenberg. Spelers het deurgaans hul talent, toewyding en spanwerk ten toon gestel, en die program het uitstekende resultate gelewer.

WP-erkenning

Vier Stellenberg-spelers is vir Wes-Kaap-spanne gekies. Nakeeta Collins en Hannah Constable (o/16), sowel as Chloe de Roubaix en Kaylin Erasmus (o/19). Hierdie prestasie bevestig die hoë standaard van krieket by die skool.

Toere en blootstelling

Die o/14- en o/15-spanne het aan die Kwagga-week in George deelgeneem. Die o/19B-span het aan die Punt Krieketfees in Mosselbaai deelgeneem. Die 1ste span het aan die Jansen Krieketweek en Wildeklawer deelgeneem en 'n 4de plek behaal.

Interskole

Stellenberg het 3 wedstryde gewen en 5 verloor. Die 1ste seunspan het met 3 lopies gewen. Die 1ste dogterspan het oortuigend gewen. Chloe de Roubaix het 'n historiese 100-tal aangeteken.

SA20 Skoletoernooi

Die seunspan het waardevolle ervaring opgedoen. Die dogterspan het Fase 1 gewen teen Khayelitsha HUB. In Fase 2 het hulle teen HTS Drostyd en Bridgetown HUB verloor.

WPNS & Sammy Bloch

Die 1ste span het beide kompetisies (noordelike voorstede) vir die tweede jaar gewen.

Geskiedkundige oorwinnings

T20-oorwinnings teen Rondebosch en SACS is behaal. Die 1ste seunspan het ook twee jaar agtereenvolgens 4 uit 4 by die Boys' Fees gewen.

Kriekettoekennings 2025/2026

Senior Veldwerker van die Jaar: Wilhelm Smet
Senior All-rounder van die Jaar: Aidan Pienaar
Spelers se Speler van die Jaar: JJ Rothman
Meisiespeler van die Jaar: Chloe de Roubaix
Junior Speler van die Jaar: Riku Doubell
Senior Speler van die Jaar: Chloe de Roubaix
Span van die Jaar: 1ste XI



Agter Links na Regs: Coach Michael Thomas, Gerrad Kamalie, Jan-Jak Alberts, Liam Fourie, JJ Rothman(C), Michael Amoêdo, Roux Wasserman, Francois Hugo, Coach Roydon Adams
Voor Links na Regs: Aidan Pienaar, Tede September, Wilhelm Smet, Ethan Vermeulen

SENIOR MARIMBA BAND

Senior Marimba Band shines at Cape Town Marimba Festival 2026

Our Senior Marimba Band took to the stage for the first time at the recent Cape Town Marimba Festival, held at the Baxter Concert Hall in Rondebosch on Friday, 15 May. The festival featured twenty-two of Cape Town's top primary and high school marimba bands. Our band, in their brand-new marimba shirts, played a stunning Abdullah Ibrahim medley that was received with thunderous applause from the enthusiastic audience. It was an incredible experience and is likely to become an annual event on our calendar.



Back L-R: Leandi Bailie, Danelle Smith, Luan Strydom, Timuonge Nyirenda, Mr Francois le Roux
Front L-R: Riley March, Jenna Johannes, Leané Schoeman

MR & MISS STELLENBERG

Mr and Miss Stellenberg Pageant Shines with “Movies and Musicals” Theme

The annual Mr and Miss Stellenberg pageant once again lit up the stage with glamour, talent, and unforgettable performances. This year's theme, Movies and Musicals, brought a creative twist that allowed contestants to step straight out of the classroom and into the world of film and theatre.

The event featured 24 outstanding contestants, each bringing their own personality, confidence, and flair to the stage. From walk-ons to group performances, the evening celebrated not only beauty and style, but also teamwork, creativity, and school spirit.

One of the highlights of the night was the group skits, where learners were divided into teams and tasked with bringing iconic productions to life. Two standout performances included scenes inspired by the blockbuster film, “Barbie”, and the beloved musical, “Grease”. Both groups impressed the audience with their energy, costumes, and playful interpretations, earning loud cheers and thunderous applause.

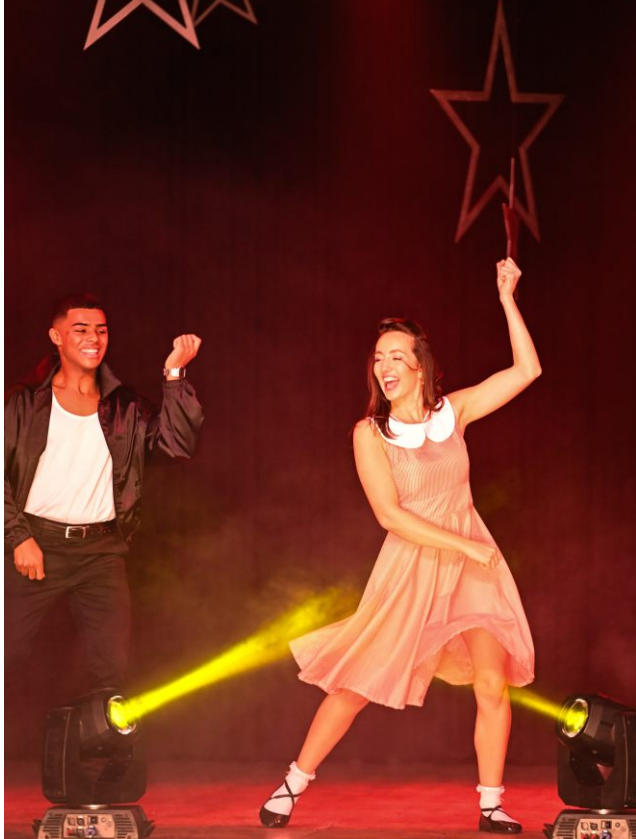
Beyond the entertainment, the pageant also showcased the confidence and growth of all participants, making it a memorable experience for everyone involved. The atmosphere was electric as families, friends, and supporters filled the venue to celebrate the hard work and dedication of the contestants.

After a closely contested evening, the crowns were awarded to Suné Gerber and Juan Marais, who were named Mr and Miss Stellenberg. Both winners impressed the judges with their charisma, stage presence, and overall performance throughout the competition.

The school extends its heartfelt congratulations to all 24 contestants for their effort and enthusiasm, as well as to the winners for their well-deserved titles. The 2026 Mr and Miss Stellenberg pageant will surely be remembered as a night where movies, musicals, and school spirit came together in spectacular fashion.



MNR. & MEJ. STELLENBERG



MNR & MEJ STELLENBERG



STELLIES GOT TALENT

Stellies Got Talent 2026 laat die vonke spat

Van begin tot einde het Stellies Got Talent 2026 die dak behoorlik laat lig en 'n aand propvol ligte, ritme en boeiende vermaak opgelewer. Leerders het hul talente met oorgawe uitgestal en bewys dat talent by Hoërskool Stellenberg allesbehalwe skaars is. Van sangiteme wat die gehoor na hul asem laat snak het tot danspassies en elektriese kitare wat die verhoog laat gons en gloei het, was daar iets vir elke smaak.

Die geleentheid het op 25 Maart 2026 in 'n opgeknapte skoolsaal plaasgevind, waar al wat leef en beef bymekaargekom het om die deelnemers luidkeels aan te moedig.

Toe die stof eers gaan lê, het die wenner gewys wie die kroon dra:

- Eerste plek: Jamee Rhoode, wat die gehoor betower het met 'n fenomenale uitvoering van Clown.
- Tweede plek: Alexis en Nikita van Staden, 'n sussie-duo wat die gehoor met hul energieke danspassies op hul voete gehad het.
- Derde plek: Kara Scheffler, wat met haar pragtige vertolking van Never Enough harte gesteel het.

Opregte dank gaan aan al die deelnemers wat die moed gehad het om hul talente te deel, asook aan die organiseerders wat dié aand moontlik gemaak het.

Ons kan nie wag vir volgende jaar nie, want as hierdie jaar iets bewys het, is dit dat die Stellies se talent net bly broei!



**Alexis (links) en Nikita van Staden (regs)
met hul dansitem**



**Jamee Rhoode Clown
(deur Emeli Sandé)**



Kara Scheffler met Never Enough (deur Loren Allred)

MULTISPORT

Liam Els en Zani Venter het die Wes-Kaap verteenwoordig in Laser Run. Albei het in hulle onderskeie ouderdomsgroepe 'n 2de plek behaal. Baie geluk! Ons is trots op julle.

Our athletes also participated in the Cape Biathlon Championships in George, where Zani Venter came 3rd and Wilmien Verbeek achieved an amazing 1st place. Congratulations!



NETBAL

Stellenberg lewer puik vertonings by Affies

Stellenberg se netbalspanne het hul staal gewys tydens die gesogte Affies-toernooi, waar drie dae van uitmuntende netbal gespeel is. Die spelers het deurentyd indrukwekkende uithouvermoë, dissipline en vasberadenheid getoon terwyl hulle teen van die land se sterkste teenstanders meegeding het.

A particular highlight was that all five age groups progressed to their respective finals – a remarkable achievement that reflects the depth of talent, dedication, and hard work within Stellenberg's netball programme.

Special congratulations to the U/14A team, who were crowned the 2026 champions after an outstanding tournament. Their achievement is a testament to their dedication, teamwork, and perseverance. Well done to all the players and coaches who contributed to this exceptional achievement.



14A

20 - 6 vs Tom Naudé

16 - 10 vs Affies 1

13 - 9 vs Eldoraigine

1



15A

12 - 8 vs HTS Drostyd

20 - 3 vs Cornwall Hill

10 - 15 vs Affies 1

2



16A

18 - 0 vs Tom Naudé

17 - 1 vs Windhoek Gim

11 - 12 vs Affies 1

2



17A

16 - 3 vs HTS Middelburg

16 - 8 vs Rustenburg

14 - 12 vs Reddam Waterfall

10 - 16 vs Affies 1

2



18A

44 - 15 vs Tom Naudé

35 - 18 vs Oos Moot

24 - 20 vs Windhoek Gim

24 - 28 vs Affies 1

2

NETBALL

Stellenberg B–F Tournament

What an incredible day of netball with 75 teams participating! Congratulations to all our teams that took part in this tournament.

This tournament truly serves as the foundation of Stellenberg netball, providing a valuable platform for development, growth, and the strengthening of depth across all age groups.

Ons B–I-spanne het ook 'n uiters suksesvolle Superliga-seisoen beleef, met indrukwekkende vertonings deurgaans. Hierdie spanne speel 'n belangrike rol in die diepte en volhoubaarheid van Stellenberg-netbal, en hul harde werk en vordering is vir die skool 'n bron van groot trots.

Stellenberg blink uit by die ABSA Wildeklawer Netbaltoernooi

Stellenberg se netbalspanne het voortgebou op hul suksesvolle Affies-toernooi en nóg skitterende vertonings gelewer tydens die ABSA Wildeklawer Netbaltoernooi.

Die O/16A- en O/19A-spanne het uitmuntend gevaar en beide hul halfeindstryde en eindstryde gewen – 'n bewys van hul deursettingsvermoë en vermoë om onder druk te presteer.

Algeheel het die O/16A-span vyfde uit 14 skole geëindig, terwyl die O/19A-span ook 'n vyfde plek behaal het – 'n noemenswaardige verbetering op verlede jaar se sewende plek.

To take part in a tournament of this calibre and compete against some of the best netball teams in the country is a special privilege. Stellenberg is proud of every coach, manager, and player who represented the school with pride, dedication, and integrity.



NETBALL RESULTS



DAY 3 @ ABSA Wildeklawer



18A

19 - 17 vs La Rochelle

19 - 14 vs Paarl GHS

5





NETBALL RESULTS



DAY 3 @ ABSA Wildeklawer



16A

20 - 13 vs Parel Vallei

15 - 11 vs Nelspruit

5



NETBALL

Strong performances in the Super League bring great pride to Stellenberg

Stellenberg's netball teams once again proved this year that they rank among the best, delivering impressive performances during the Cape Town High School Netball Super League. The school community has every reason to feel immense pride after a series of outstanding achievements across various age groups.

The U/14A, U/15A and U/19A teams dominated the Super League and walked away as deserving champions with gold medals. Meanwhile, the U/16A and U/17A teams displayed remarkable perseverance and finished as runners-up.

Spesiale erkenning is gegee aan die laer spanne en hul afrigters, wie se passie en toewyding help om die grondslag vir die toekoms van Stellenberg-netbal te lê. Die skool het ook hul dank uitgespreek teenoor alle afrigters vir hul energie, ondersteuning en onmisbare rol in die spelers se groei en sukses.

Met hierdie prestasies lyk die toekoms van Stellenberg-netbal besonder belowend.

Stellenberg se netbalspelers gekies vir Wes-Kaapspan

Hoërskool Stellenberg vier met trots die keuringsukses van 12 talentvolle netbalspelers wat tot die Wes-Kaap-netbalspanne verkies is. Hierdie spelers sal gedurende die Julie-vakansie aan die Suid-Afrikaanse Kampioenskappe in Johannesburg deelneem.

The selections are a testament to the players' hard work, dedication, and outstanding performances on the netball court. Stellenberg High School is extremely proud of this remarkable achievement and wishes the players all the best for the tournament.

U/14



Giuliana Greef



Grace Coulson



Liya Nkosi



Ana Das Veves

U/15



Carla Combrinck



Leah Theron

U/16



Anke De Goede



Mila Marais

U/17



Alizwa Mbadu

U/18



Lukhanyo Sitofile



Abigail Steyn



Emily Lourens

Stellenberg Players Selected for Inter-District Tournament

Stellenberg High School proudly extends our heartfelt congratulations to all the players who have been selected to represent our district at the upcoming Inter-District Tournament.

Die toernooi vind van 15 tot 18 Julie 2026 in Bredasdorp plaas—'n opwindende geleentheid om jul talent en toewyding ten toon te stel. Ons is ongelooflik trots op julle prestasies!

U/14:



Megan Senekal

U/15:



Emily Dorrington

U/15:



Zara Cillie

U/16:



Kyla Boshoff

U/16:



Mieke Marais

U/17:



Madison Moore

U/17:



Samantha Uytenbogaardt

U/18:



Tatiana Frazer

U/18:



Megan Jones

SWEM | SWIMMING

Verskeie Stellenberg swimmers kwalifiseer vanjaar om aan die volgende nasionale kampioenskappe deel te neem:

- Level 3 Regional Swimming Championships
- South African Junior Nationals (up to 16 years)
- Senior Nationals
- Youth (17 years and older)

LEVEL 3

Baie geluk aan die volgende gr. 8-swemmer:

- Riko Odendaal wen 'n silwermedalje.

Congratulations to the following Grade 9 swimmers:

- Emma Groenewald won 2 bronzemedals.
- Anya Sonnekus won 1 gold, 1 silver and 1 bronze medal.

Ook geluk aan die volgende gr. 10-swemmer:

- Tariq van Wyk wen 1 goud-, 6 silwer- en 5 bronsmedaljes.

Also congratulations to the following Grade 11 swimmer:

- Cara Rossouw won 4 gold, 4 silver and 1 bronze medal.



Vlnr: Riko Odendaal, Tariq van Wyk, Cara Rossouw,
Emma Groenewald & Anya Sonnekus

SOUTH AFRICAN JUNIOR NATIONALS

Die volgende swimmers neem aan hierdie uiters kompeterende nasionale gala deel en ons wens hulle baie geluk met hul kwalifisering vir hierdie byeenkoms:

- Ewan Bosch (gr. 8)
- Anja Boshoff (Gr. 8) won a silver medal.
- Daniël Barnard (gr. 8) wen 'n silwer- en 2 bronsmedaljes.
- Aqeelah Williams (Gr. 8) won a bronze medal.
- Roland van Vondel (gr. 9)
- Mia Groenewald (gr. 10) wen 'n bronsmedalje.



Vlnr: Aqeelah Williams, Mia Groenewald, Daniël Barnard & Anja Boshoff.

SENIOR NATIONALS

This is an open event, and swimmers compete (swim) against professional athletes. Congratulations to:

- Luan Terblanche (Gr. 12) who achieved 11th place in the 1500m freestyle, 10th place in the 400m Individual Medley and 12th place in the 800m freestyle.

YOUTH

Luan Terblanche het deelgeneem aan die SA National Youth Champs en het die volgende plekke behaal:

- 1ste – 1500m vryslag
- 2de – 3km, 800m vryslag en 400m vryslag
- 3de – 5km
- 4de – 200m IM
- 6de – 200m rugslag.



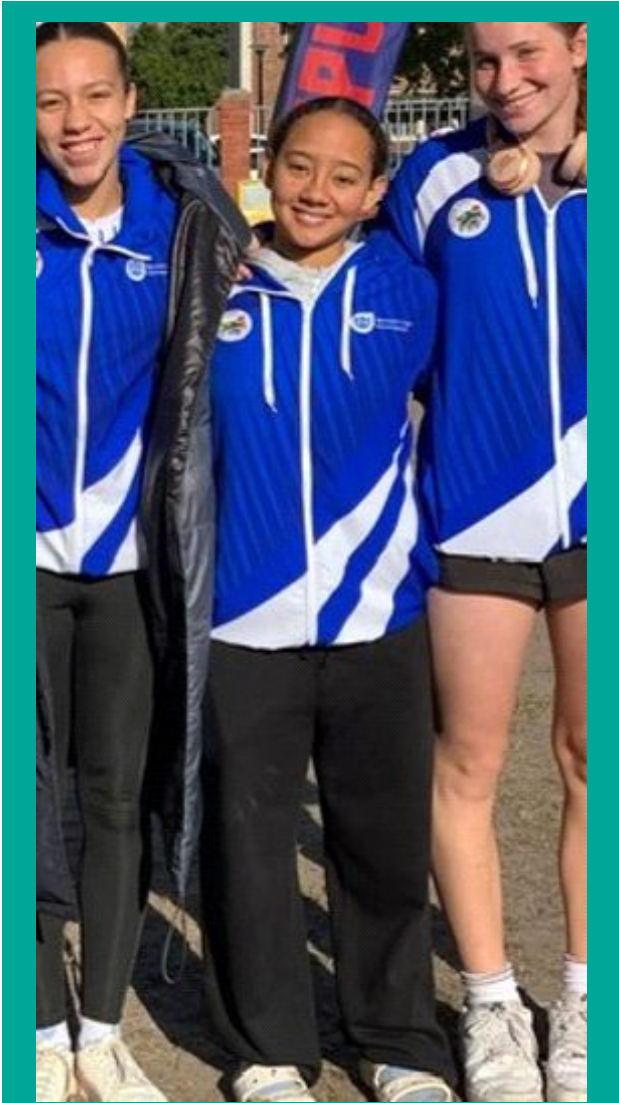
SA SCHOOLS SWIMMING CHAMPIONSHIPS

- Luan Terblanche (Captain of the Western Cape team) delivered exceptional performances:
- 1st place in the 400m Individual Medley (IM), where he also broke the SA Schools record by 2 seconds
 - 3rd place in the 200m freestyle
 - 3rd place as part of the 4 x 100m relay team

Aqeela Williams het 'n 3de plek in die 100m vlinderslag behaal.
Mia Groenewald het 'n 2de plek in die 100m rugslag verower.



Luan Terblanche



Aqeelah Williams



Mia Groenewald



Vlnr: Mia Groenewald, Luan Terblanche, Aqeelah Williams

MODERNE DANS | MODERN DANCING

A huge congratulations to our modern dance group for achieving High Gold at the Talent Africa Regionals Competition. Your hard work and dedication truly paid off.





TALENT AFRICA

Certificate

This certificate is awarded to:

Stellenberg HighSchool GROUP

For participating in the Talent Africa 2026 Regional Season, and receiving a HIGH GOLD certificate award for the following item:

DANCE Lyrical/Contemp/Modern



MELANIE VAN HEERDEN
DIRECTOR



AWARDS STRUCTURE

BRONZE: 0-69	SILVER: 70-74.	HIGH SILVER: 75-79.	GOLD: 80-84.	HIGH GOLD: 85-99
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MUSIEK | MUSIC

Musiekdepartement: Uitstappie

Leerders van die Stellenberg-musiekdepartement het op 30 April die oggendoefening van die Kaapstad Filharmoniese Orkes in die Stadsaal bygewoon. Die orkes het werke van Debussy, Shostakovich en Dvořák uitgevoer. Attending an orchestral performance in person is a magical experience. Seeing and hearing the instruments live and feeling the music vibrate inside the beautiful City Hall, made for a memorable Thursday morning.



SMK

Stellenberg se meisieskoor, SMK, het die afgelope kwartaal die goeie nuus ontvang dat hulle na die finale rondtes van beide die Tygerberg Eisteddfod sowel as die ATKV Applous-koorkompetisie deurgedring het. Die laat aande en urelange voorbereiding het beslis vrugte afgewerp! The competition for the Applous Final, a national competition, is particularly fierce this year. The organisers have invited five choirs to compete in the final instead of the customary three invited over the past few years. Ons hou duimvas vir 1 Augustus, SMK!



Term 2

Academic Achievement

The top academic achievers will be published as soon as the supplementary papers have been concluded.

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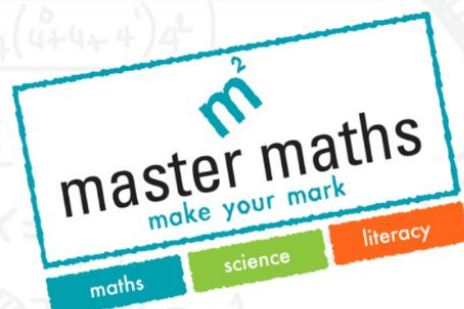


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